



Get Healthy, Get Smart!

ISSUE 2, WINTER 2011

Get Healthy, Get Smart! in Full Gear

Our **Get Healthy, Get Smart!** initiative is taking off! Since August, Urban Tech has been working hard to not only rally our dedicated 46 partner schools, but to expand the program to new schools as well. Urban Tech's team members are on the road every day to ensure that each school has the tools and knowledge needed to make **Get Healthy, Get Smart!** a great success.

Urban Tech would like to formally welcome and congratulate the following schools on becoming members of the **Get Healthy, Get Smart!** community in the 2010-2011 school year!

- ★ Millennium Art Academy
- ★ Antonia Pantoja Preparatory Academy
- ★ Laboratory School of Finance and Technology
- ★ Bronx Community High School
- ★ PS/IS 41 Francis White
- ★ PS/IS 165 Ida Posner
- ★ PS/IS 150 Christopher
- ★ MS 584
- ★ IS 204 Oliver W. Holmes
- ★ PS 122 Mamie Faye Magnet School
- ★ Inwood Academy Charter School for Leadership

Call for More Partners!

Urban Tech is always on the lookout for new schools. If you know of any schools in the five boroughs that you think would be a good match for **Get Healthy, Get Smart!**, please call our office at (212) 528-7350 or send an email to jlamotta@urbantech.org!



Mark Your Calendars!

Urban Tech is currently coordinating with its participating schools to organize our annual 'Best Practices' convening, Spring 2011. This event will feature discussions on:

- Best pedagogical techniques
- Experiences with GHGS in the classroom
- Student work and feedback
- Youth Leader Q&A
- Community outreach
- Guest speakers on curriculum development

And, of course, refreshments will be provided!

Stay tuned for more information on the date and location.

All schools will be notified via e-invitation to help save paper.



Training the Extra Mile

Our studies have indicated that the **Get Healthy, Get Smart!** curriculum is multifunctional. The program, therefore, is rapidly expanding beyond the confines of the science classroom.

Our schools are currently utilizing the curriculum during advisory sessions; counseling; after school programs; and other core subjects, such as ELA and social studies. In fact, **Get Healthy, Get Smart!** has become so ubiquitous that students are being trained to become youth leaders within their schools and local community based organizations.

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Because **Get Healthy, Get Smart!** is ever-evolving, we make it our primary goal to learn about each and every school's environment so we can personally tailor the program to fit every teacher's needs. This process includes collaboration between principals, teachers, and Urban Tech team members when creating goals, and even co-operating instruction.

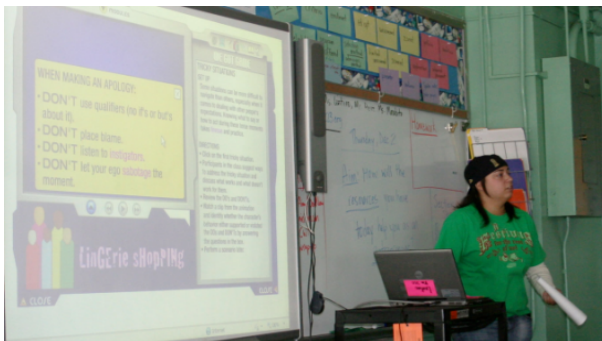
Take a look at these snapshots to see how Urban Tech is training participating teachers to successfully implement **Get Healthy, Get Smart!** in their school communities.



Teachers at Laboratory School of Finance and Technology complete 'Write to the Point' activity from a student perspective



Teachers from Antonia Pantoja Preparatory Academy share classroom experiences related to training content



Nicole Lentino, Laboratory School of Finance and Technology, teaches a sample lesson during the professional development workshop

On the Lookout for Model Schools

Every time the Urban Tech team visits your school, we are actively seeking to identify a model school for each borough!

The schools awarded model status will receive TWO bonus modules, additional professional development, and complimentary tickets to our annual gala event.

Participating schools must meet the following criteria in order to be considered for a model school:

- Minimum 2 hours per week of GHGS activities
- Active use of APOLLO (includes *Final Answer* and *Write to the Point* assessments)
- Active participation in group workshops AND one-on-one coaching
- Parent-community outreach efforts

For more information about becoming a model school, send an email to jamotta@urbantech.org!

Perpetrating Rhymes Contest

We are currently updating our song archive and we would love to hear from our schools! Visit www.urbantech.org/perp_Rhymes_about.cfm to submit a song and tell us the artist's message in relation to one of our **Get Healthy, Get Smart!** topics. Winning entries receive a \$15 iTunes gift card!

You don't have to feel like a waste of space.
You're original, cannot be replaced.
If you only knew what the future holds,
After a hurricane comes a rainbow.

Maybe you are reason why all the doors are closed,
So you could open one that leads you to the perfect road.
Like a lightning bolt, your heart will blow,
And when it's time, you'll know.

You just gotta ignite the light and let it shine,
Just own the night like the fourth of July.

'Cause baby, you're a firework,
Come on, show 'em what you're worth.
Make 'em go, oh!
As you shoot across the sky.

- Firework, Katy Perry



Get Healthy, Get Smart is a partnership for raising awareness on health related issues among NYCDOE middle and high school students. This program is made possible by contributions from our sponsors: **Elton John AIDS Foundation (EJAF)**, **Metro Manhattan Links**, **Pfizer Inc**, **Intel**, **BTIG**, and **Latham and Watkins LLP**.

